

Lydia Meadows

Short Films

Happy	Ms. Langtry	dir. Amelia Rico
Doomscroller	Suzy (Sarah's Mom)	dir. Wyndham Wyeth
Generic Scream	Woman	dir. Crystal Martinez

Industrial

Memorial Hermann	Featured
Total Wine and More	Background

Commercials

Conflicts available upon request

Film (voice-over)

Blood Bag	Mother	dir. Caelan Campbell
Trying	Mother	dir. Jason Park
No One Less	Katrina (English Dub)	dir. Sandra Camillo

Training

Improv 1 & 2 – Second City (virtual)
Scene Study - Stella Adler Studios with Lisa Volpe and Claude Deering
On Camera - Crystal Martinez, Amelia Rico
Voice Over Training - Jodi Gottlieb, Cathy Kalmenson, Joan Baker, Jessica Blue

Related Skills

Dubbing; Accents (Russian, Southern- GA, MS, NC, TN, VA); hiking; cycling; puppetry; cello (beginner); ballroom dancing (intermediate); ballet/tap (beginner); singing (alto - advanced; C3-B5); driver; passport